

YOUTH FOR UNDERSTANDING Intercultural Exchange Programs

Youth For Understanding (YFU) is a volunteer-based global non-profit community driven by the passion of people, consisting of 55+ Member Organizations across six continents!



Learning: For Life



Volunteering: Engaged and Dedicated



Caring: Personal and People-Oriented



Valuing Diversity: Inclusive and Fair



Cooperating in International Solidarity



What would it feel like to travel the path less taken? To hold the world in your hands?

Youth for Understanding humbly started in the United States in 1951 in an effort to heal the wounds of World War II.





John Eberly, an American minister, understood that the hardships prevalent in post-war Germany were having devastating effects on the country's youth, placing them in a cycle of bitterness, hopelessness, and despair. He proposed to local church leaders that they create a youth exchange program to bring German students to the United States to live with a family and attend high school for a year. His vision and hope was that the exchange experience would motivate

The leadership of this vision was handed off to, and brought to life by, Dr. Rachel Andresen who founded YFU and served as its longtime Executive Director.